

## Oxfordshire Minor Eye Conditions Service



City Locality		Tel
Boots Opticians	6-8 Cornmarket Street, Oxford, OX1 3HL	01865 246 206
David Spicer Opticians	1 Elms Parade, Botley, OX2 9LG	01865 241 142
Eyesite	35 St Ebbes Street, Oxford, OX1 1PU	01865 761 459
Gardiners Opticians	5 Manor Buildings, Osler Road, Headington, OX3 7RA	01865 761 459
Robert Stanley	137 London Road, Headington, OX3 9HZ	01865 766 488
Specsavers	119 Pound Way, Templars Square, Cowley, OX4 3YA	01865 773 344
Specsavers	33 Queen Street, Oxford, OX1 1ER	01865 255 710
North Locality		
Chipping Norton Opticians	Chipping Norton Health Centre, Chipping Norton, OX7 5FA	01608 648 012
Dray's Eyecare	81 Chatsworth Drive, Banbury, OX16 9YJ	01295 261 080
Complete Eyecare Banbury	76 High Street, Banbury, OX16 5JG	01295 262 200
Specsavers	29 Bridge Street, Banbury, OX16 5PN	01295 251 251
Walford & Round	47 High Street, Banbury, OX16 5LA	01295 262 501
North East Locality		
Boots Opticians	6 Crown Walk, Bicester, OX26 6HY	01869 320 027
Dove & Conway	100 Sheep Street, Bicester OX26 2XW	01869 242 740
Morgan Optometry	106a Oxford Road, Kidlington, OX5 1BL	01865 372 125
Pitman Optometrists	33 High Street, Kidlington, OX5 2DH	01865 842 044
Robert Stanley	Unit EY4, Bure Pl, Pioneer Square, Bicester, OX26 6FA	01869 360 557
Specsavers	25 Sheep Street, Bicester, OX26 6JF	01869 321 422
Vision Express	47 Sheep Street, Bicester, OX26 6JJ	01869 327035

### Where should I go with my eye problem?

This leaflet explains where patients aged 6 or older in Oxfordshire can go with eye problems. If unsure, please call 111.

### If you have a red, sticky, itchy, dry or gritty eye, or a red patch has appeared in the last week or so, contact a pharmacy.

Contact a MECS optometrist if you have:

- Recently occurring flashes and/or floaters
- Painful eye including pain with bright lights
- Ingrowing eyelashes
- Recent problems with your vision
- Foreign body in the eye

### Information about your MECS appointment.

Accredited Opticians offering the service are listed on the reverse of this leaflet. An appointment will normally be required, so phone first. Appointments are available during normal working hours, Monday - Saturday. Not all practices have an optometrist available every day.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours. Please bring your NHS number with you.

If your condition is more serious, the optometrist will direct you to eye casualty.

### Go direct to eye casualty if you have:

- Serious eye trauma
- Eye surgery within past 30 days AND current issue is that eye
- Severe eye pain (so bad that it stops you from working)
- Painful red eye WITH reduced vision OR light sensitivity
- Painful eye WITH vision loss AND nausea/vomiting OR haloes around lights
- Painful eye WITH droopy eyelid, double vision and abnormal pupil
- History of iritis or uveitis and suspicion of a new episode
- Sudden, sustained loss of vision
- Sudden onset double vision
- Vision loss WITH headaches AND soreness of scalp/jaw
- Swollen eyelid WITH red, painful, bulgy looking eye AND double or blurry vision
- Flashes or floaters WITH veils, curtains, clouds OR reduced central vision
- Contact lens patient with increasing pain, reduced vision OR light sensitivity
- Swollen eyelid WITH fever

This service is funded by the NHS. We have specially trained and accredited optometrists who can diagnose and treat many eye conditions that previously would have been seen by the doctors in eye casualty or general practice.

If you are unsure whether your symptoms can be assessed and treated by the service, please phone 111, or contact one of the accredited Optoms on the back of this leaflet for advice.

**Note a MECS examination is not an eyesight test.**

South East Locality		Tel
Patricia Hayselden & Partners	60 St Mary's Street, Wallingford, OX10 0EL	01491 835 466
Robert Stanley	22 Cornmarket, Thame, OX9 2BL	01844 261 096
Robert Stanley	8 St Martins Street, Wallingford, OX10 0AL	01491 837033
South West Locality		
Abingdon Eye Centre	3 Bury Street Shopping Centre, Abingdon, OX14 3QY	01235 533 328
Boots Opticians	10 Bury Street, Abingdon, OX14 3QX	01235 520 809
Boots Opticians	3a Kings Walk, Limborough Road, Wantage, OX12 9AJ	01235 768 177
Campbells Opticians	34 Market Place, Wantage, OX12 8AH	01235 763 312
Robert Stanley	23 Stert Street, Abingdon, OX14 3JF	01235 520 849
Robert Stanley	Mably Way Medical Centre, Grove, Wantage, OX12 9BN	01235 769 596
Scrivens	4 Post Office Vaults, Wantage, OX12 8AT	01235 769 888
Scrivens	6 Bury Street, Abingdon, OX14 3QY	01235 523 217
Specsavers	16 Bury Street, Abingdon, OX14 3QT	01235 530 530
Specsavers	17 Orchard Street, Didcot, OX11 7LG	01235 517 100
Specsavers	1a Grove Street, Wantage, OX12 7AB	01235 773 980
West Locality		
Michael Lowe & Partners	5 Streatfield House, Alvescot Road, Carterton, OX18 3XZ	01993 844 291
Specsavers	Unit 11 Woolgate Centre, Witney, OX28 6AP	01993 779 977
Woodstock Opticians	17 High Street, Woodstock, OX20 1TE	01993 811 870